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## **Reggie Witherspoon (USA) Adidas – 200m (:20.32) / 400m (:44.99)**

A prolific quarter-miler since his prep years, Witherspoon ran a world-ranking times (:20.32) in the 200m and 400m (:45.57) event in 2007. NCAA Champion at Baylor and many time Big XII Conference Champion in both the 200m and 400m events. A national champion as a prep in high school. Looks to continue the Baylor tradition of great 400m runners (Michael Johnson, Jeremy Wariner, Brandon Couts, Deon Minor).

**2007 NCAA Outdoor Champion (4x400-Meter Relay)**  
**2007 NCAA Indoor Champion (4x400-Meter Relay)**  
**2007 All-American Outdoors (200 Meters)**  
**2007 All-American Indoors (200 Meters)**  
**2007 USTFCCA South Central Region Athlete of the Year**  
**2007 NCAA Midwest Region Champion (4x400-Meter Relay)**  
**2007 All-Midwest Region (200 Meters)**  
**2007 All-Midwest Region (4x100-Meter Relay)**  
**2007 Big 12 Outdoor High Point Performer**  
**2007 Big 12 Outdoor Champion (200 Meters)**  
**2007 Big 12 Outdoor Champion (4x100-Meter Relay)**  
**2007 All-Big 12 Outdoors (400 Meters)**  
**2007 Big 12 Indoor Male Athlete of the Year**  
**2007 Big 12 Indoor High Point Performer**  
**2007 Big 12 Indoor Champion (200 Meters)**  
**2007 Big 12 Indoor Champion (400 Meters)**  
**2006 All-American Outdoors (4x400-Meter Relay)**  
**2006 All-American Indoors (200 Meters)**  
**2006 NCAA Midwest Region Champion (4x400-Meter Relay)**  
**2006 All-Midwest Region (400 Meters)**  
**2006 Big 12 Indoor Male Athlete of the Year**

**2006 Big 12 Indoor High Point Performer**  
**2006 Big 12 Outdoor Champion (400 Meters)**  
**2006 Big 12 Outdoor Champion (4x100-Meter Relay)**  
**2006 Big 12 Outdoor Champion (4x400-Meter Relay)**  
**2006 Big 12 Outdoor Champion (200 Meters)**  
**2006 Big 12 Indoor Champion (400 Meters)**  
**2006 Big 12 Indoor Champion (4x400-Meter Relay)**  
**School Record Holder (4x400-Meter Relay)**



**2007:** NCAA Outdoor Champion in the 4x400-meter relay, breaking a 12-year old school record with a time of 3:00.04...Split 45.2 on the leadoff leg to put Baylor into first place at the first exchange....Earned All-America honors in the 200 meters, finishing sixth overall in the event finals...Finished second in the 200 meters at the Midwest Regional in a time of 20.76...Ran a 45.4 lead-off split on the 4x400-meter relay that set the nation's fastest time in 3:01.66...Ran second leg on Baylor's 4x100-meter relay that finished sixth at the Midwest Regional...Won the 200 meters at the Big 12 Championships with a time of 20.57...Season-best time of 20.32, the second-fastest in Baylor history, came in the preliminaries at the Big 12 Championship...Ran the second leg of Baylor's Big 12 Champion 4x100-meter relay team that clocked 39.65...Also ran second leg on the season-best sprint

relay team that clocked 39.63 at Drake Relays...Finished second in the 400 meters at the Big 12 Championships with a time of 45.73...Recorded his season-best time of 45.56 in the preliminary rounds...Named High Point Performer of the 2007 Big 12 Outdoor Championships, earning the honor in three of his four Big 12 meets (2006 Indoor, 2007 Indoor, 2007 Outdoor)...Ran on Baylor's 4x200-meter relay team that clocked 1:21.65, and ran a 45.1 leadoff split on Baylor's 4x400-meter relay that recorded a nation-leading time of 3:02.00 at Drake Relays...Helped Baylor to the 4x100-, 4x200-, and 4x400-meter relay titles at the Drake Relays when Baylor won all four sprint relay titles (4x100-, 4x200-, 4x400-, and sprint medley relays), the first time a time accomplished the feat since Illinois in 1944, a span of 63 years...During Indoor, ran the lead-off leg on Baylor's NCAA Championship 4x400-meter relay team that clocked 3:04.24, the second-fastest time in Baylor history...Clocked 20.77 in the 200 meters finals at the NCAA

Championships to place fifth, earning All-America honors...Recorded a season-best time of 20.68 in the 200 meters, the second-fastest time in Baylor history, to win his preliminary heat at the NCAA Championships... Named 2007 Big 12 Indoor Male Athlete of the Year for the second straight season...High Point Performer at the Big 12 Championships for the second consecutive time...Named South Central Region Track Athlete of the Year by the USTFCCA...Big 12 Champion in the 200 meters and 400 meters for the second straight year...Only runner in Big 12 history to win the indoor conference title in both the 200 meters and 400 meters in the same season (has accomplished the feat in consecutive years).



**2006:** Earned All-America honors, anchoring the Bears' 4x400-meter relay to a third-place finish at the NCAA Outdoor Championships, clocking 3:02.93...Finished 10th in the 400 meters with a time of 46.12 at the NCAA Outdoor Championships...Ran the third leg on the Bears' NCAA Midwest Region champion 4x400-meter relay, anchored the Bears' Big 12 outdoor champion mile relay and ran the second leg on the Bears' Big 12 outdoor champion 4x100-meter relay...Earned all-region honors in the 400 meters, finishing second at the NCAA Midwest Regional with a time of 46.00...Won the Big 12 outdoor 400-meter title with a season-best time of 45.90...Also won the Michael Johnson Classic and North Texas Invitational 400-meter titles...During the indoor season, earned All-America honors in the 200 meters, finishing sixth at the NCAA Indoor Championships with a time of 20.71...Was named the Big 12 Indoor Male Athlete of the Year and was the High Point Performer at the Big 12 Indoor Championships...Became the first athlete in Big 12 history to win both the indoor 200- and 400-meter crowns...Won the Big 12 indoor 400-meter title with a time of 46.91...Claimed the Big 12 indoor 200-meter title with a time of 21.11.

Prior to Baylor (Florida): As a sophomore, earned All-America honors as a member of the Gators' 4x400-meter relay that finished fourth at the 2005 NCAA Outdoor Championships...The relay squad also captured the NCAA East Regional title and broke the meet record to win the Southeastern Conference title...Finished ninth in the 400 meters with a personal best of 45.42 at the NCAA Outdoor Championships...Finished third in the 400 meters and 13th in the 200 meters at the 2005 SEC Outdoor Championships...As a freshman, earned All-America honors as a member of Florida's fourth-place 4x400-meter relay at the 2004 NCAA Indoor Championships...Also helped the Gators to titles at the 2004 NCAA East Regional and SEC Outdoor Championships...Won the NCAA East Regional title in the 400 meters...Finished fourth in the 400 meters and sixth in the 200 meters at the SEC Outdoor Championships.



High School: 2003 High School Indoor Athlete of the Year...Four-time team MVP... 2003 Georgia Athlete of the Year...16-time All-American...2001 4x400-meter intermediate boys national record holder...Set school, county, region, state and national indoor records in the sprints...2003 national indoor champion (200 meters and 400 meters)...2001 national champion...1999, 2000, 2002 national runner-up...Recorded bests of 10.58 in the 100 meters, 21.11 in the 200 meters and 46.08 in the 400 meters.