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BERNARD WILLIAMS - 200m (:20.01) / 100m (:9.94)

Career Highlights: 2004 Olympic 200m silver medalist; 2001 World Outdoor 100m bronze medalist; 2003 U.S. Outdoor 100m champion; 2000 Olympic 4x100m relay gold medalist; 2001 & 2003 World Outdoor 4x100m relay gold medalist; 2000 NCAA 100m champion; 1999 Pan American Games 100m champion; 3rd in 200m at 2004 Olympic Trials

In winning the silver medal in the 200 meters at the 2004 Olympic Games in Athens, Williams became the first American to win silver in that event since Carl Lewis in 1988. Williams's 200m time in Athens of 20.01 equals his personal best originally set in at Rome in 2003, and he was part of a 1-2-3 U.S. sweep, with winner Shawn Crawford and bronze medalist Justin Gatlin. A versatile 100 and 200m runner, Williams won his first U.S. national title in 2003 by winning the 100 meters at the USA Outdoor Championships in Palo Alto, Calif. also in 2003, Williams winning personal best time of 20.01 seconds in Rome was the fastest in the world that season won 100m bronze medal at 2001 World Outdoor Championships in Edmonton with a new personal best of 9.94 to complete a Team USA sweep of the event, with Maurice Greene in 1st and Tim Montgomery in 2nd. The 1999 Pan American Games gold medalist at 100 meters, Williams in 2000 captured the NCAA title in that event for Florida, in addition to placing 7th at the U.S. Olympic Trials. Ran 2nd leg on U.S. 4x100m relay gold medal winning team at 2000 Olympic Games in Sydney. A two-time national junior college champ at 100 meters, Williams holds NJCAA indoor records in the 55m (6.08), 60 m (6.55) and 200m (20.69). Captured 10 state titles as a prep in Maryland, and finished second in the 100 meters at the 1997 National Scholastic Championships.



2005: 8th in semifinal at USA Outdoor Champs (20.94)...3rd in 200m at Reebok Grand Prix (20.64)...4th in Rome (10.26)...runner-up at Liege (20.62)...bests of 10.26 & 20.62.

2004: Olympic Games 200m silver medalist (20.01=PR)...3rd in the 200m at Olympic Trials (20.30)3rd at Mexico City in 100m (10.15)2nd in Seville in 200m (20.66)ranked #8 in U.S. at 100m, #3 in the world & U.S. at 200mbest of 20.01.

2003: USA Outdoor champ (10.11)6th at World Outdoors (10.13)ran 2nd leg on Team USA gold medal winning 4x100 relay at World Outdoors (38.06)1st at World Athletics Final in Monaco (10.04)1st at Gaz de France (10.05)2nd at Golden Gala (10.06)1st at Rome 200m (20.01, U.S. Leader)...1st in 200m at Rome (20.01, World Leader)...ranked #2 in world & #2 in U.S. in 100m, #7 in world & #5 U.S. in 200m by T&FNbests of 10.04 & 20.01.

2002: 3rd in 200m at USA Outdoors (20.37)1st at Athens (20.19)4th at Brussels (20.23)2nd at Monaco 100m

(9.99)1st at Doha (10.08)2nd at Athens (10.06)2nd at Paris (10.03)1st at Yokohama (10.21)6th at Grand Prix Final (10.05)ranked #6 in world, #3 U.S. at both 100m & 200mbests of 9.99 & 20.19.

2001: World Outdoor Championships 100m bronze medalist (9.94) ran 2nd leg on U.S. World Outdoor Champs gold medal winning 4x100m relay team (37.96)2nd in 100m at GMC Envoy USA Outdoors (9.98w)did not start 200m final at U.S. Outdoor Champs Millrose Games 60m champ (6.61)2nd at adidas Golden Spike Invitational (6.61) 1st in 200m at Athens (20.18)3rd in 100m at Athens (10.07)ranked #4 in world & #3 in U.S. in 100m, #3 in world & #2 in U.S. at 200m by T&FNbests of 9.94 PR at World Outdoors and 20.01 in Brussels.

2000: 4x100m relay Olympic gold medalist (2nd leg)...placed 7th at Olympic Trials (10.19)...won NCAA 100 (10.03)...set PR of 9.99 in NCAA semis...ranked 6th in the U.S. by T&FN...best of 9.99.

1999: Placed 7th at USA Champs...National JUCO champion...won Pan American Games 100...ranked #6 in U.S. by T&FN...bests of 10.08 and 20.69 (indoors).

1998: Placed 6th at USA Champs...ranked #10 in U.S. by T&FN...best of 10.03 and 20.46 (windy).